

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Walking Challenge! 9:30 Travel to North Pole Delivery! Hot Cocoa and Powdered Donuts 10:00 Mobile Fitness w/Sierra 1:00 Candy Cane Scavenger Hunt 3:00 White Chocolate Martini & Shrimp Cocktail Delivery 8:00 Stocking Delivery Christmas Theme Dress!!!	2 Walking Challenge! 10:00 Building Circuits w/Sierra 1:00 Hallways Ladders w/Sierra 2:00 Ornament Kit Delivery by "Miss Christmas" 3:00 Rudolph Spritzer & Caprese Skewer Delivery 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!	3 Walking Challenge! 10:00 Mobile Fitness w/Sierra 1:00 Hallways Ladders w/Sierra 2:00 Gingerbread Cookie Kit Delivery by the "Gingerbread" 3:00 Peppermint Martini Delivery by "Miss Peppermint" 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!	4 Walking Challenge! 10:00 Building Circuits w/Sierra 1:00 Peppermint Ice Cream Delivery by the "Candycane" 2:00 "Use your Imagination" Kit Delivery 3:00 Santa Hat Jell-O shot Delivery by "Santa Claus" 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!	5 Walking Challenge! 10:00 Building Circuits - Laminated Body Workouts 1:00 Progressive Bingo 2:00 Christmas Craft Cart Delivery 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!
6 Walking Challenge! 10:00 Building Circuits - Laminated Body Workouts 1:00 Motivational Message Delivery 3:00 Holiday Stuffed Animal Delivery - Thank you Lori Hayden! 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!	7 Walking Challenge! 10:00 Mobile Fitness w/Sierra 1:00 Hallway Christmas Darts w/Randy & Sierra 3:00 Popcorn Delivery by "Popcorn Man" 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!	8 Walking Challenge! 10:00 Building Circuits w/Sierra 1:00 Rolling Photo Booth w/Santa 3:00 Spiked Eggnog Delivery with Kathy 8:00 Stocking Stuffer Delivery  Christmas Theme Dress!!!	9 Walking Challenge! 10:00 Mobile Fitness w/Sierra 1:00 Reindeer Toss Hallway Game w/Sierra 3:00 Cranberry Mimosa Delivery w/Kristen 8:00 Stocking Stuffer Delivery Christmas Theme Dress!!!	10 Walking Challenge Last Day! 10:00 Building Circuits w/Sierra 1:00 Christmas Parade 3:00 Christmas Sangria Delivery w/Kathy 8:00 Stocking Stuffer Delivery Turn Walking Logs in at end of Day! Last day of Safety Period! Christmas Theme Dress!!!	11 9:30 Stretch Class w/Sierra 10:30 Balance & Strength w/Sierra 1:00 Masterclass 6:30 Evening Movie 8:00 Stocking Stuffer Delivery 	12 10:30 Bingo 1:00 Ornament Making w/Kathy 2:00 Scenic Drive 6:30 Evening Movie 8:00 Stocking Stuffer Delivery 
13 10:30 Spiritual Message w/Curt 2:00 Scenic Drive 3:00 Movie Matinee 8:00 Stocking Stuffer Delivery 	14 10:30 Moving with Music w/Sierra 1:00 Building Circuit w/Sierra 3:00 Popcorn Pop w/Randy 5:15 Monday Night Football 6:00 Holiday Light Tour w/Doug 8:00 Stocking Stuffer Delivery 	15 10:30 Chair Drumming 1:00 Stretch Class 3:30 Resident Christmas Party - for First Floor Residents 3:30 Beer & Wine Delivery 6:00 Holiday Light Tour w/Doug 8:00 Stocking Stuffer Delivery	16 9:30 Resident Board Meeting 10:30 Balance & Strength w/Sierra 1:00 Getting to Know You w/Carla 3:30 Resident Christmas Party - for Second Floor Residents 6:00 Holiday Light Tour/Doug 8:00 Stocking Stuffer Delivery	17 9:30 Stretch Class 10:30 Chair Drumming 1:00 Sip & Paint w/Jenna 3:30 Resident Christmas Party - for Third Floor Residents 3:30 Beer & Wine Delivery 6:00 Holiday Light Tour w/Doug 8:00 Stocking Stuffer Delivery	18 Happy Birthday Beaulah! 9:30 Mobile Fitness w/Sierra 10:30 Balance & Strength w/Sierra 1:00 Yahtzee w/Kathy 6:00 Holiday Light Tour w/Doug 6:30 Evening Movie 8:00 Stocking Stuffer Delivery	19 10:30 Bingo 1:00 Christmas Cards w/Kathy 2:00 Scenic Drive 6:30 Evening Movie 8:00 Stocking Stuffer Delivery 
20 10:30 Spiritual Message w/Curt 2:00 Scenic Drive 3:00 Movie Matinee 8:00 Stocking Stuffer Delivery 	21 Happy Birthday Mel! 10:30 Moving with Music w/Sierra 1:00 Building Circuit w/Sierra 3:00 Popcorn Pop w/Carla 5:15 Monday Night Football 8:00 Stocking Stuffer Delivery 	22 Happy Birthday Agnes! 10:30 Chair Drumming 1:00 Stretch Class 3:00 Social Hour w/Kathy 3:30 Beer & Wine Delivery 8:00 Stocking Stuffer Delivery 	23 10:30 Balance & Strength w/Sierra 1:00 Activity Bingo w/Sierra 2:00 Food Committee 3:30 Social Hour w/Carla 8:00 Stocking Stuffer Delivery 	24 Happy Birthday Lou! 9:30 Stretch Class 10:30 Chair Drumming 1:00 History of Christmas 3:30 Beer & Wine Delivery 3:30 "I was the Night Before Christmas" with Spiked Cocoa Social w/Carla 8:00 Stocking Stuffer Delivery	25 Happy Birthday Cheryl! 11:00 - 3:00 Christmas Dinner 	26 Walking Challenge Begins 10:00 Building Circuits - Laminated Body Workouts 1:00 Progressive Bingo 2:00 Library/Activity Cart Happy Birthday Pat!
27 Walking Challenge! 10:00 Building Circuits - Laminated Body Workouts 1:00 Motivational Message Delivery 2:00 Hallway Visits w/Carla	28 Walking Challenge! 9:00 Flying to Hawaii—Fruit Skewer & POG delivery 1:00 Hallway Hula w/Gertie & Carla 3:00 Popcorn Delivery by "Popcorn Man" Pack Your Bags—We're headed to Hawaii for New Years!	29 Walking Challenge! 10:00 Building Circuits w/Sierra 1:00 Pineapple Upside Down Cake Delivery w/Kathy 3:30 Mai Tai & Teriyaki Meatball Delivery w/Kristen 	30 Walking Challenge! 10:00 Mobile Fitness w/Sierra 1:00 Hawaii Trivia & Mango Sorbet Delivery 3:30 Lei Delivery 	31 Walking Challenge! 10:00 Building Circuits w/Sierra 1:00 New Years Eve Rolling Photo Booth 3:30 New Years Eve Champagne, Hat & Noise Maker Delivery 		 1122 Spring Street Medford, Oregon 97504 (541)770-1122 www.hortonplaza.info "Retirement Living at its Best!"