



April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Happy 103 Birthday Eva! 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 3:00 Ladder Golf (CY) 4:00 Documentary on Earth Day (TR)	2 Happy Birthday Pat O! 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 2:00 *Spring craft (CFT) 4:00 Talk About Current Events (EB) 6:00 Bible Study (CK)	3 Happy Birthday Wanda & DeDe! 9:30 Cornhole Practice (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 11:00 Tri comm Lithia Ashland Japanese Garden (OS) 1:00 Gentle Yoga (EB) 2:00 Library Clean up (CK) 4:00 Health Benefits of House Plants (EB)	4 9:30 Ikigai Documentary (TR) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 2:00 Tri comm Cornhole (EB) 4:00 Social with Chris & Dom (EB) 	5 9:30 Wii Bowling (EB) 10:30 Chair Volleyball (EB) 11:30 *Food Truck Friday (OS) 1:00 Ice Cream Social (EB) 1:00 Country Store (Flr.2) 3:30 *Barnstormer's Fair (OS) 6:30 Evening Movie (TR)	6 10:30 Bingo (EB) 2:00 *Tri Comm Rogue Valley Chorale at Craterian (OS) 4:00 Book Club (CK) 6:30 Evening Movie (TR)
7 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 11:00 Stretch (EB) 12:00 Tri comm Gone with the Wind Movie (OS) 1:00 Gentle Chair Exercise (EB) 1:30 Volleyball (EB) 2:00 *Park Walk (OS) 6:30 Evening Movie (TR)	8 10:00 NO BP Clinic 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 3:00 Ladder Golf (EB) 4:00 Documentary: What We Don't Know about Hearing Aids (TR)	9 10:30 Balance (EB) 11:00 Tri comm Lunch at Noho's (OS) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 2:00 Self Defense with Steven Muse (EB) 3:30 Bugs R Us "Siskiyou Mtn. Wildlife" (EB) 6:00 Bible Study (CK) 	10 9:30 Cornhole Practice (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Gentle Yoga (EB) 1:30 *Del Rio Wine Tasting (OS) 2:00 All About Acupuncture with Duc Ly (EB) 2:15 Food Committee (CR) 4:00 Travels w/ Carole - "Mexico" (OS)	11 8:00 *Sweet Beet Station for Breakfast (OS) 10:30 Balance (EB) 10:30 Thursday Market (OS) 1:00 Build with Bands (EB) 1:00 *Washer Necklace (CFT) 4:00 Social with Bob & Dottie Isom (EB)	12 9:30 Wii Bowling (EB) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store (Flr 2) 1:30 *Dog Agility Trials at Expo (OS) 3:30 Golf Card Game (EB) 6:30 Evening Movie (TR) 	13 9:00 *Pear Blossom Parade" (OS) 4:00 Ted Talk (TR) 6:30 Evening Movie (TR)
14 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 11:00 Stretch (EB) 1:00 Gentle Chair Exercise (EB) 1:30 Volleyball (EB) 2:00 *Park Walk (OS) 6:30 Evening Movie (TR)	15 Happy Anniversary Gail & Marvin 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 3:00 Ladder Golf (EB) 4:00 Documentary (TR) 6:00 *Nightcap with Julie &	16 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 2:00 Skip Bo (EB) 4:00 "Have you ever been to Mexico" Social w/ margaritas (EB) 6:00 Bible Study (CK) 	17 9:30 Cornhole Practice (EB) 10:00 Resident Board (CR) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 12:00 Birthday Party (DR) 1:00 Gentle Yoga (EB) 2:00 Planter Box Clean Up (CY) 4:30 *Dinner at La Briccola with Danielle & Julie (OS)	18 9:30: Tri comm Bear Hotel and lunch at Applebee's in GP (OS) 10:00 *Collector's Market (OS) 10:30 Balance (EB) 1:00 Build with Bands (EB) 4:00 Getting to Know you Social 5:00 - 7:00 B&W Dinner with Louis Faro (DR)	19 9:30 Wii Bowling (EB) 10:30 Chair Volleyball (EB) 1:00 Resident Council 2:00 Ice Cream Social (EB) 2:00 Country Store (Flr.2) 3:00 *Tri Comm Propagating House Plants (EB) 6:30 Evening Movie (TR)	20 10:30 Bingo (EB) 2:00 *Scenic Drive (OS) 3:30 Golf Card Game (EB) 6:30 Evening Movie (TR) Matilda the Musical NMHS (OS) Time and cost TBA
21 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 11:00 Stretch (EB) 1:00 Gentle Chair Exercises (EB) 1:30 Volleyball (EB) 2:00 *Park Walk (OS) 6:30 Evening Movie (TR)	22 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Planting Activities at Fountain Plaza (OS) 11:00 Weights (EB) 1:00 Bingo (EB) 3:00 Ladder Golf (EB) 4:00 Documentary: "Fifteen Weirdest Places to Live" (TR)	23 Earth Day 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 1:30 Planter Box Planting (CY) 4:00 "What's your Talent?" Social (EB) 6:00 Bible Study (CK)	24 8:30 Leave for Tulip Festival (OS) 9:30 Cornhole Practice (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:30: Horse Racing (EB) 4:30 *Cooking with Kathy and Theresa (CK)	25 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 10:45 *Tri Comm Lunch -Talon Grill EP Golf Course (OS) 1:00 Build with Bands (EB) 3:00 Passionate Dental with Tommie Kell (EB) 4:00 Social with Sheila Wynn (EB)	26 9:30 Wii Bowling (EB) 10:00 Gentle Yoga (EB) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store (Flr. 2) 2:00 All about Alzheimer's with Lori Stanton. (EB) 3:30 *Card making (CFT) 6:00 Return from Tulip Festival (OS)	27 10:30 Bingo (EB) 11:00 *Tri Comm Picnic at Touvelle Park (OS) 4:00 Ted Talk (TR) 6:30 Evening Movie (TR)  
28 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 11:00 Stretch (EB) 1:00 Gentle Chair Exercise (EB) 1:30 Volleyball (EB) 2:00 *Park Walk (OS) 6:30 Evening Movie (TR)	29 Happy Birthday Bill Y! 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 3:00 Ladder Golf (EB) 4:00 Documentary (TR)	30 10:30 Balance (EB) 11:00 Sit & Fit (EB) 1:00 Build with Bands (EB) 2:00 Skip Bo (EB) 4:00 "Favorite Sport to Watch?" Social (EB) 6:00 Bible Study (CK)		All Activities Subject to Change. Please refer to the dailies for the most up-to-date schedule of events.	Location Key: EB –Elsie Butler Hall OS –Off Site TR –TV Theater Room CK –Community Kitchen PLR –PC Living Room FC –Fitness Center	DR –Dining Room CR - Conference Room CFT– Craft Room RH –Retta Horton CY –Courtyard

With April comes the hint of spring, weather that beckons us to the outdoors. A spring rain is always so much more pleasant than rain in the cold fall or winter. So in addition to our outside planting activity we will also have a few other spring activities:

- April 3rd is a presentation on the Health Benefits of House Plants
- April 19th we will be propagating our own house plants.
- April 26th will be the return of Movies in the courtyard.
- April 27th is a picnic to Touvelle Park. We'll be roasting up some hot dogs, along with a side dish, fruit and cookies. Drinks will also be provided. Seats are limited so be sure to sign up for this one.



Earth Day is coming up on April 23rd and in celebration we will be cleaning out the planter boxes and doing some spring planting in them. At 2pm on the 17th will be clean up day. We will get rid of the old soil and make room for the new. After awhile, repeated plantings deplete the soil of its nutrients. Then on the 23rd we'll meet in the courtyard at 1:30pm to begin planting new plants. We'll have some herbs, tomatoes, strawberries and flowers. Tools and gloves will be provided.



Employee Birthdays

Justine Nason 4/6
 Allie Hanshew 4/10
 Mary Roper 4/21
 Ami Clark 4/29



EMPLOYEE OF THE MONTH



OMAR PEREZ-FLORES

Dinner at La Briccola has been rescheduled for Wednesday, April 17th at 4:30pm with Danielle and Julie.

Transportation Reminder

Please sign up at the Front Desk by 4:00 pm the day before your appointment.



Pear Blossom Festival History

The Pear Blossom Festival began in 1954. Representatives from the Fruit Grower's League, Chamber of Commerce, Merchants Association, American Legion and the Medford school district came together to initiate an event during the blossom season. In the first Pear Blossom Parade, a 5-year-old, "Miss Blossom" was chosen to reign over the ten, student pulled, wagons. By 1956 the parade included over 100 floats and the festival had expanded to include a tour of the valley's blooming pear orchards. Since 1957, there has been a Pear Blossom King and Queen chosen to preside over the attraction. The first motorized float was allowed in the parade 10 years after the beginning of the festival, in 1964. A parade grand marshal has been chosen each year to lead the parade from Central Avenue to East Main. Among these have been John F. Kennedy in 1960 and Leonard Nimoy in his only public appearance as Mr. Spock in 1967. While the festival used to be only a parade, it has expanded to include a baby contest, Junior Royalty Pageant, Senior Royalty Pageant, the Pear Blossom Run, a street fair and a stamp show. Each year, the festival is given a theme. This year's theme is "A Perfect Pairing of Communities" and will take place on April 13 and 14.



HORTON HORIZONS

"Retirement Living at its Best"

April 2024

**General Manager
Danielle Stovall**

**Assistant Manager
Nicolina O'Brien**

**Community Relations
Julie Ersepke**

**Personal Care Director
Erin Osuna**

**Social Coordinator
Ging Kanjanakaset**



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