















# July 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Change Happens!</b> <b>Don't miss out!</b> See your weeklies & dailies for updated information and Announcements.	<b>1 Happy Birthday Pat B!</b> 10:30 Balance (EB) 11:00 Gentle Yoga (EB ) 1:00 Chair Volleyball (EB) 2:00 Shuffleboard with Jalen (PLR) 3:30 Get-to-Know-You Social (EB) 6:00 Bible Study (CK)	<b>2</b> 9:30 Cornhole practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Noodle Hockey (EB) 2:00 "Hey Mom" podcast with Angela Episode 1 (EB) 3:30 *Crochet a flower pot coaster with Gwen (CFT)	<b>3 Happy Birthday Elsa!</b> 10:00 Circuits (CY) 11:00 Latin Chair Cardio (EB) 1:00 Patriotic Scavenger Hunt (FL) 4:00 Social with Jim Friend (EB) 	<b>4 Happy 4th of July!</b> 11:30 - 1:30 4th of July BBQ (CY) 11:30 - 1:30 Music with Chris & Dom (EB) 1:30 Ice Cream Social (EB) 2:00 Chair Volleyball (EB) 2:00 Country Store (2nd floor) 6:30 Evening Movie (TR) <b>PATRIOTIC Day</b>	<b>5</b> 10:30 Bingo (EB) 1:30 *Paint Pouring jewelry (CFT) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
<b>6</b> 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	<b>7 WESTERN Day</b> 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Popcorn & Bingo (EB) 2:30 Scrabble with Ron (EB) 4:00 Documentary: "Mega Complex Underneath Egypt" (TR) 	<b>8 HIPPIE Day</b> 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 11:30 *Lunch at Chen's Family Dish (OS) 1:00 Chair Volleyball (EB) 2:00 Family Feud (EB) 4:00 *Cocktails with Julie (CK) 6:00 Bible Study (CK) 	<b>9 SPORTS Day</b> 9:30 Cornhole practice (EB) 10:00 *Picnic Lost Creek Lake (OS) 10:00 Resident Board (CR) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Noodle Hockey EB) 2:00 "Hey Mom" podcast with Angela Ep. 2 (EB) 3:30 Chronology (EB) 	<b>10 PIRATE Day</b> 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Beginner Balance (EB) 2:00 Family Fun Center (OS) 4:00 Social with Classic Sounds (EB) 	<b>11 MERMAID Day</b> 10:00 Bucketball (CY) 10:30 Chair Volleyball (EB) 1:00 Resident Council (EB) 2:00 Ice Cream Social (EB) 2:00 Country Store (2nd floor) 6:30 Evening Movie (TR) 	<b>12 Happy Birthday Loretta L!</b> 10:30 Bingo (EB) 2:00 *Scenic Drive (OS) 3:00 *Make a mermaid (CFT) 6:30 Evening Movie (TR) 
<b>13</b> 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walk with Nancy (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR) 	<b>14</b> 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Popcorn & Bingo (EB) 4:00 Documentary: "Unusual Creatures of the Deep Ocean" (TR)	<b>15</b> 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball (EB) 3:30 Bugs R Us - "Butterflies" (EB) 4:30 Cooking with Luke (CK) 6:00 Bible Study (CK)	<b>16 Happy Birthday Susan E!</b> 9:30 Cornhole practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 12:00 Birthday Party (DR) 1:00 Noodle Hockey (EB) 2:15 Food Committee (CR) 2:00 "Hey Mom" podcast with Angela Ep. 3 (EB) 3:30 Square Dancing (EB)	<b>17</b> 10:00 Circuits (CY) 2:00-4:00 -Summer Soiree Tom Stamper Trio 	<b>18</b> 10:00 Build with Bands (EB) 10:30 Chair Volleyball (EB) 11:30 *Lunch with Layla & Jalen (PDR) 1:00 Ice Cream Social (EB) 1:00 Country Store (2nd floor) 3:30 NEW GAME! Catch Phrase (EB) 6:30 Evening Movie (TR)	<b>19</b> 10:30 Bingo (EB) 10:30 *Rogue Eagles Air Show (OS) 2:00 *Scenic Drive (OS) 3:00 *Gnome of the month - Girl Gnome (CFT) 6:30 Evening Movie (TR)
<b>20</b> 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 3:30 Vespers (EB) 6:30 Evening Movie (TR) 	<b>21</b> 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Popcorn & Bingo (EB) 3:30 Book Club (CK) 4:00 Documentary: "The Lost City of Atlantis Explained" (OS)	<b>22 Happy Birthday Rose &amp; Maria V!</b> 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball (EB) 1:30 *Bunco Party (EB) 3:30 Travels with Carole - "Texas and the Alamo" (EB) 6:00 Bible Study (CK) 	<b>23</b> 9:30 Cornhole practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 1:00 Noodle Hockey (EB) 2:00 "Hey Mom" podcast with Angela Ep. 4 (EB) 3:30 *Crochet with Gwen 4:30 *Dinner at Old Spaghetti Factory (OS)	<b>24 Happy Birthday Ada!</b> 10:00 Beginner Balance (EB) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Price is Right Game (EB) 4:00 Social with Mike Stapley (EB) 	<b>25</b> 9:30 *Tri Comm A Day at Diamond Lake & Lunch (OS) 10:00 Build with Bands (EB) 10:30 Chair Volleyball (EB) 1:00 Ice Cream Social (EB) 1:00 Country Store (2nd floor) 6:30 Evening Movie (TR)	<b>26</b> 10:30 Bingo (EB) 1:30 *Paint Pouring (CFT) 2:00 *Scenic Drive (OS) 6:30 Evening Movie (TR)
<b>27</b> 8:00-1:00 *Church Run (OS) 10:00 Coffee & Donuts (EB) 2:00 *Walking Club (OS) 3:30 Vespers (EB) 6:30 Evening Movie (TR)	<b>28</b> 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Popcorn & Bingo (EB) 4:00 Documentary: "30 Hidden Underground Cities in America" (TR)	<b>29</b> 8:30 *Breakfast at Debby's Diner (OS) 10:30 Balance (EB) 11:00 Gentle Yoga (EB) 1:00 Chair Volleyball (EB) 2:00 Horse Racing (EB) 6:00 Bible Study (CK)	<b>30</b> 9:30 Cornhole practice (EB) 10:30 Weights (EB) 11:00 Morning Stretch (EB) 2:00 "Hey Mom" podcast with "Angela Vanderpool Ep. 5 (EB) 3:30 Our Monthly Journals (CFT)	<b>31 Happy Birthday John D!</b> 10:00 Circuits (CY) 1:00 Farkle (EB) 2:30 Special Feature Matinee Movie: "The Heart Knows" (TR)	<b>Calendar Legend</b> (CK) Community Kitchen (CR) Conference Room (CFT) Craft Room (CY) Courtyard (DR) Dining Room (EB) Elsie Butler (OS) Off Site (PLR) PC Living Room (RH) Retta Horton Room (TR) TV Theater Room	



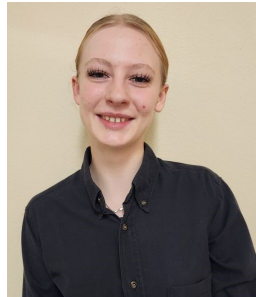
Join us each Wednesday afternoon in July at 2:00pm in the Elsie Butler Hall for Angela Vanderpool's podcast, "Hey Mom, We never prepared for this", where we have the tough conversations about aging and caring for our loved ones. Whether you're an adult child or an aging parent, this podcast is for you.



### Employee of the Month -

## Layla LaMascus!!

Layla joined Horton's waitstaff team in Feb. 2024. She's always willing to jump in and help and she's great with the residents. She was born in Cody, WY and moved to Oregon with her family in 2021. She has played softball for 13 years, starting at 3 playing T-Ball, She also plays drums and electric guitar. Layla wants to eventually become a tattoo artist. Congrats Layla! Way to go!



### Spirit Week -

July 4th - 11th



Friday the 4th - Patriotic Day  
Wear Red, White & Blue!  
Monday the 7th - Western Day  
Wear your best Cowboy gear!  
Tuesday the 8th - Hippie Day  
Wear your tie dye & peace signs!  
Wednesday the 9th - Sports Day  
Display your team spirit!  
Thursday the 10th - This here be Pirate Day! Dress accordingly!  
Arrrrgh!  
Friday the 11th - Mermaid Day!  
Connect with your inner mermaid.  
Wear fins, tails, shells, headbands!

Join us for a vibrant afternoon at the Horton Plaza Summer Soirée on July 17th! Celebrate the season with an exciting blend of art, handcrafted goods, live music, fine wine and delicious food. This festive event promises a lively atmosphere and a perfect opportunity to enjoy local culture and creativity under the summer sky. Don't miss it!



### Entertainer Spotlight for July -

**July 3rd** - Jim Friend, plays guitar and will be singing some patriotic songs.  
**July 4th** - Chris and Dom will be playing at our 4th of July barbeque.  
**July 10th** - Classic Sounds is fabulous singing group, singing oldies from the 40's, 50's, 60's & 70's. This is their first time here.  
**July 17th** - The Tom Stamper Trio will be entertaining at our Summer Soiree. They play some jazz and dance music.  
**July 24th** - Mike Stapley has been here before. Great singer, brings his own instrumental accompaniment.

### Employee Birthdays!

Monica Martinez	7/9
Kathy York	7/10
Joe Thompson	7/13
Anela Kaleimamahu	7/17
Nancy Warman	7/29

# HORTON HORIZONS



"Retirement Living at its Best!"

## JULY 2025



General Manager  
Danielle Stovall

Assistant Manager  
Natasha Lomas

Community Relations  
Julie Erspeke

**Horton Plaza**  
**1122 Spring Street**  
**Medford, OR 97504**  
**(541)770-1122**  
**(800)844-4058**

Social Coordinator  
Ging Kanjanakaset

Personal Care Director  
Erin Osuna