# May 2024 

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Location Key: <br> EB -Elsie Butler Hall OS -Off Site TR -TV Theater Room CK -Community Kitchen PLR -PC Living Room FC -Fitness Center | DR -Dining Room <br> CR - Conference Room <br> CFT-Craft Room <br> RH -Retta Horton <br> CY -Courtyard | 1 <br> 9:30 Cornhole Practice (EB) 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> ?? Tri Comm - "Unsung Hero" at Tinseltown w/ FP Time TBA 1:00 Gentle Yoga (EB) 5:00 Anniversary Party: Oscar Theme | 2 <br> 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 4:00 Social with Jon Siebert (EB) <br> 5:45 *Play by Lone Pine Students at NMHS (OS) | 3 <br> 9:30 Wii Bowling (EB) <br> 10:00 Gentle Yoga <br> 10:30 Chair Volleyball (EB) <br> 11:00 *Tri Comm Food Truck Friday <br> (OS) <br> 1:00 Country Store (FIr.2) <br> 3:30 *DIY Earrings (CFT) <br> 6:30 Evening Movie (TR) | 4 STAR WARS DAY! <br> 10:30 Bingo (EB) <br> 2:00 *Scenic Drive (OS) <br> 3:00 Star Wars Trivia (EB) <br> 6:30 Evening Movie (TR) |
| 1:30 Volleyball (EB) <br> 2:00 *Park Walk (OS) <br> 6:30 Evening Movie (TR) | 6 <br> 10:00 BP Clinic (EB) <br> 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> 1:00 Bingo (EB) <br> 3:00 Ladder Golf (CY) <br> 4:00 Documentary: | $\begin{aligned} & \text { 10:00 Flower Arranging (CK) } \\ & \text { 9:00-2:00: Chair Massage } \\ & \text { (Computer Room) } \\ & \text { 10:30 Balance (EB) } \\ & \text { 11:00 Sit \& Fit (EB) } \\ & \text { 11:30 *Lunch Bobbio's Pizza (OS) } \\ & \text { 1:00 Build with Bands (EB) } \\ & \text { 3:30 Bus R Us - "Birds" (EB) } \\ & \text { 6:00 Bible Study (CK) } \end{aligned}$ | Happy Birthday Cleve \& Joan L! <br> 9:30 Cornhole Practice (EB) <br> 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> 1:00 Gentle Yoga (EB) <br> 1:00 *Tri Comm Wine Tasting at Bel Fiore (OS) <br> 2:00 Skip Bo with Nikki (EB) <br> 2:15 Food Committee (CR) <br> 4:00 Ted Talk (TR) | 9 Happy Birthday Margo! 9:30 *Hike Roxy Ann (OS) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 4:00 Social with Michael Cruz (EB) | 10 <br> 9:30 Wii Bowling (EB) <br> 9:45 *Shakespeare Theater Tour (OS) <br> 10:00 Gentle Yoga (EB) <br> 10:30 Chair Volleyball (EB) <br> 1:00 Ice Cream Social (EB) <br> 1:00 Country Store (FIr.2) <br> 6:30 Evening Movie (TR) | 11 <br> 10:00 *Antique Show (OS) 10:00 *Tri Comm Quilt Show \& Lunch w/ TC (OS) 10:30 Bingo (EB) 2:00 *Scenic Drive OS) 4:00 Book Club (CK) 6:30 Evening Movie (TR) |
| 12 EMother's Day Happy Birthday Pat Harris! 8:00-1:00 *Church Run (OS) 10:00 Coffee \& Donuts (EB) 11:30 Mother's Day Brunch 2:00 *Park Walk (OS) 6:30 Evening Movie (TR) | 13 Happy Birthday Cheryl P! 10:00 BP Clinic (EB) 10:30 Morning Stretch (EB) 11:00 Weights (EB) 1:00 Bingo (EB) 3:00 Travel with Ging: Argentina (EB) 4:00 Documentary | 14 <br> 10:00 *Make homemade Ice Cream (CK) <br> 10:30 Balance (EB) <br> 11:00 Sit \& Fit (EB) <br> 1:00 Build with Bands (EB) <br>  <br> Theresa (CFT) <br> 3:30 Ice Cream Tasting (EB) <br> 6:00 Bible Study (CK) | 15 <br> 9:30 Cornhole Practice (EB) 10:00 Resident Board (CR) 10:30 Morning Stretch (EB) 11:00 Weights (EB) <br> 11:00 *TriComm Lunch @ Dobra Tea with TC (OS) <br> 11:30 *Lunch at the Wharf (OS) <br> 12:00 Birthday Party (DR) <br> 1:00 Gentle Yoga (EB) <br> 4:00 Travels with Carole- River Cruise - Amsterdam (EB) | 16 <br> 10:30 Balance (EB) <br> 11:00 Latin Chair Cardio (EB) 10:30 *Grower's Market (OS) 1:00 Build with Bands (EB) 2:00 Favorite Road Trip Social (EB) <br> 4:00 Social with <br> Swing-a-longs (EB) | 17 <br> 9:30 Wii Bowling (EB) <br> 10:00 Gentle Yoga (EB) <br> 10:30 Chair Volleyball (EB) <br> 10:30 Tri Comm Picnic \& Walk at <br> Lithia Japanese Gardens (OS) <br> 1:00 Resident Council (EB) <br> 2:00 Ice Cream Social (EB) <br> 2:00 Country Store (FIr.2) <br> 6:30 Evening Movie (TR) | 18 Happy Birthday Norma! 10:30 Bingo (EB) 2:00 *Scenic Drive (OS) 3:00 *Paint Birdhouses (CFT) 6:30 Evening Movie (Tr) |
| 19 <br> 8:00-1:00 *Church Run (OS) <br> 10:00 Coffee \& Donuts (EB) <br> 11:00 Stretch (EB) <br> 12:30 Tri Comm "North By Northwest" <br> at Tinseltown with TC (OS) <br> 1:00 Gentle Chair Exercise (EB) <br> 1:30 Volleyball (EB) <br> 2:00 *Park Walk (OS) <br> 2:30 *RV Youth Symphony at NMHS (OS) <br> 6:30 Evening Movie (TR) | 20 <br> 10:00 BP Clinic (EB) <br> 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> 1:00 Bingo (EB) <br> 3:00 Ladder Golf (CY) <br> 4:00 Documentary (TR) <br> 6:00 *Nightcap with Julie <br> (CK) | 21 <br> 8:30 *Breakfast at Pony Espresso (OS) <br> 10:30 Balance ( (EB) <br> 11:00 Sit \& Fit (EB) <br> 1:00 Build with Bands <br> 2:00 Fall Prevention (EB) <br> 4:00 Current Events (OS) <br> 6:00 Bible Study (CK) | 22 Happy Birthday Iris! <br> 8:30: Trip to Crater Lake (OS) <br> 9:30 Cornhole Practice (EB) <br> 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> 1:00 Gentle Yoga (EB) <br> 4:30 *Cooking with Ging : <br> Vietnamese Pho Noodles (CK) | 23 <br> 10:30 Balance (EB) <br> 11:00 Latin Chair Cardio (EB) <br> 1:00 Build with Bands (EB) <br> 1:00 *Dogs for Better Lives Tour (OS) <br> 4:00 Name That Tune Social with Scott Saulterman (EB) | 24 <br> 9:30 Wii Bowling (EB) 10:00 *Short hike to Prospect Falls vienpoint \& pizza at The Cove (OS) 10:00 Gentle Yoga (EB) <br> 10:30 Chair Volleyball (EB) <br> 1:00 Country Store (FIr.2) <br> 6:30 *Tri Comm "Anne of Avonlea" <br> At Collaborative w/ FP (OS) <br> 7:00 Movie in the Courtyard (CY) | 25 National Wine <br> Day <br> 10:30 Bingo (EB) <br> 2:00 *Scenic Drive (OS) <br> 1:30 *Make a Hydrangea Wreath (CFT) <br> 4:00 Book Club (CK) <br> 5:30 *Rogue Raven Roller Derby Game (OS) |
| 1:30 Volleyball (EB) <br> 2:00 *Park Walk (OS) <br> 6:30 Evening Movie (TR) | 27 Memorial Day <br> 10:00 BP Clinic (EB) <br> 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> 11:30 Memorial Day BBQ (DR \& CY) <br> 1:00 Bingo (EB) <br> 3:00 Ladder Golf (CY) <br> 4:00 Documentary | 28 <br> 10:30 Balance (EB) <br> 11:00 Sit \& Fit (EB) <br> 1:00 Build with Bands (EB) <br> 1:00 *Tri Comm Speaker Dr. Amy Froide, British Historian with TC (OS) <br> 2:00 Wild Birds Unlimited speaker - <br> "Nesting Season (EB) <br> 4:30 *Tri Comm Dinner at Back <br> Porch BBQ (OS) <br> 6:00 Bible Study (CK) | 29 <br> 9:30 Cornhole Practice (EB) <br> 10:00 Flower Arranging (CK) <br> 10:30 Morning Stretch (EB) <br> 11:00 Weights (EB) <br> 1:30 Horse Racing (EB) | 30 <br> 9:30 *Tri Comm Picnic and trip to Great Cats (OS) 10:30 Balance (EB) 11:00 Latin Chair Cardio (EB) 1:00 Build with Bands (EB) 2:00 Resident VS Employees Cornhole. (EB) <br> 4:00 Social with Tracy Davy (EB) | 31 <br> 9:30 Wii Bowling (EB) <br> 10:00 Gentle Yoga (EB) <br> 10:30 Chair Volleyball (EB) <br> 10:30 *Tri Comm Fashion <br> Shopping \& Lunch in Ashland (OS) <br> 1:00 Ice Cream Social (EB) <br> 1:00 Country Store (FIr.2) <br> 4:00 Tequila Sunrises on Sun Deck (SD) <br> 6:30 Evening Movie (TR) | All Activities Subject to Change. Please refer to the dailies for the most up-to-date schedule of events. |


| Prospect Falls |
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| We are planning an easy hike to |
| see the Mill Creek Falls on |
| Friday, May 24th. It is a short |
| walk (only 600 ft .) to a scenic |
| viewpoint with an unobstructed |
| view of Mill Creek Falls and the |
| canyon. After the hike, we'll |
| stop at The Cove in Shady Cove for pizza before |
| we enjoy our scenic drive home. |

Where is the Best Pizza in the Rogue Valley?
Starting this month, we are going to find out! Each month, we'll visit a different pizza place during our investigation! This month will be Bobbio's in Central Point for lunch on Tuesday May 7th. We do have a bonus place this month as we are going to The Cove after our walk to

the Falls in
Prospect. Join us as we search out the best pizza joint in the valley.


Employee Birthdays
Amy Joy 5/9
Lisa Wolf 5/25
Angela Vanderpool 5/27

## Picnic at Great Cats World Park

On Thursday, May 30th we have a tri comm outing to the Great Cats Park in Cave Junction. We'll leave here at $9: 30 \mathrm{am}$. Guided tours are offered throughout the day with guides that interact with the cats and bring them to the front of their enclosure for you to view. Benches are placed at each exhibit so you may sit and
enjoy the beauty of each
exotic cat. We'll bing a
picnic lunch and they have
pinnic areas at the park.
There is also a cafe and
gift shop. It'll bea great
day to get outside and
enjoy the fresh air.
Senior tickets are $\$ 18$.

## Horton Plaza is Turning 29!

Join the celebration at our Oscar Extravaganza on Thursday May 1st from $5-7 \mathrm{pm}$. The Southern Oregon Jazz Band will be here in the Dining Room so be sure put your dancin' shoes on and check them out. Meanwhile in the Elsie Butler Hall you'll find the fabulous entertainment duo of Jon Galfano and Jen Ambrose. As usual, Chef Natasha will put out an Oscar winning buffet and signature drinks will be served at the bar. Don't forget to sign up for the raffle. Invite your friends and family and join us for a great time!!


Employee
ESPERANZA DF THE
MONTH


